



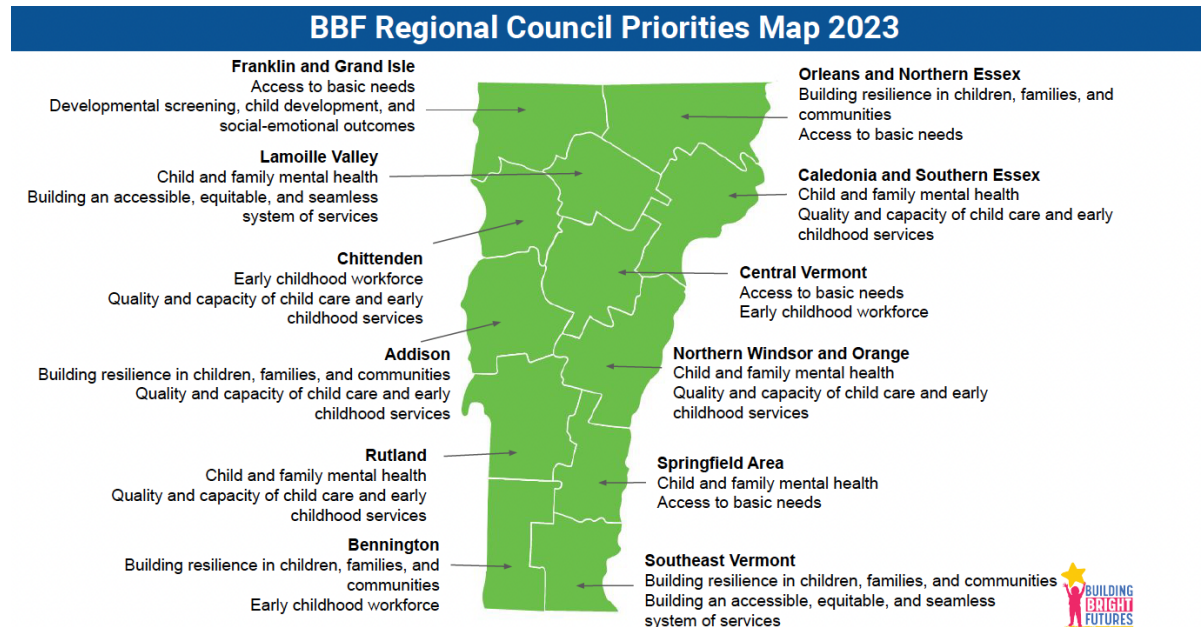
Addison Regional Action Plan 2023-2024

Building Bright Futures' Regional Councils bring together early childhood stakeholders to identify gaps, share expertise and resources, elevate regional and family voices, and implement strategies in each respective region. These strategies include identifying gaps for children and families and aiming to improve access to services and supports across early care, health, and education for young children and families in their communities. Regional Council members are crucial to each stage of this process, both in official convenings of the Regional Councils and within the early childhood system more broadly.

The 12 Regional Councils are mandated to support an integrated system of early care, health, and education at the local level under Vermont Statute Title 33 § Chapter 46. In alignment with, and with support from, the State Advisory Council, Regional Councils are tasked with coordinating and implementing services in accordance with system and regional priorities. Regular Regional Council meetings are just one way that this mandate is fulfilled.

Early childhood stakeholders from across Vermont bring their perspectives together through Regional Councils 8-10 times a year. Participants at regional tables include professionals in physical and mental health, social services, basic needs, early childhood care and education, and pre-K-12 education; families of children under 9; and community members invested in the well-being of young children.

Annually, each Regional Council sets two regional priorities to guide their work. The map at right illustrates the top two priorities of each region, showcasing the similarities and differences among the 12 regions in Vermont.





Addison Regional Council 2023-2024 Plan

Below you will find a plan outlining work to make progress for each priority as well as additional strategies and actions of the Addison Regional Council.

Activity/Function	Council Time	VECF/ Council Funds	Strategic Partner- ships	BBF Staff Time	BBF Network	Notes/Status
Regional-State Coordination via BBF Network						
Convene regular Regional Council meetings	X		X			Leadership team to help create engaging agendas and help lead meetings
Identify needs/gaps within the region—Quality, capacity, leadership, professional development needs, mental health supports	X	X	X	X	X	Use emerging issue doc to identify regional needs, then agenda topics/guests dive more deeply into these points
Connect with others about successes and announcements	X		X		X	Council members share their experiences and give and/or receive support or celebration
Foster connection among regional partners as part of a statewide network	X		X	X	X	Regional Manager to call out ties between regional work and statewide work
Develop strategies and next steps that support the regional needs of our communities	X	X	X	X		Leadership team and Regional Manager to identify next steps/who to bring to council for more information
Priority Issue: Building resilience in children, families, and communities - “Resilience is the ability to thrive, adapt and cope despite tough and stressful times—or said simply, it’s the ability to bounce back.” (Vermont Department of Mental Health, Resiliency) Work with families, programs, and communities to ensure that children reach their optimal well-being and potential. Promote education and training for caregivers about resilience and the impact of trauma, promote screening and early identification, and connect children and families to support.						
Identify who is not at our table to help guide action steps and engage around resilience-building strategies	X		X	X		Utilize the BBF Regional Council Leadership team to identify contacts. Regional Manager will do outreach, schedule meetings to build relationships, and invite new partners to council meetings. Key partners currently not at the table: Easterseals, Department for Children and



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						Families (DCF), Children’s Integrated Services (CIS), schools
Sponsor/organize training related to resilience in order to develop a pool of trained staff within the community—early education, pre-school, community	X	X	X	X	X	Use funds to support trainers
Explore strategies to sustain the OK Resilience Project	X	X	X	X	X	<ul style="list-style-type: none"> ● Convene a Resilience Executive committee ● Explore funding to hire a coordinator ● Explore strategies to re-market the OK Resilience Project (It is OK to not be OK) ● Explore the return on investment with available data (Child and Adolescent Needs and Strengths and the Youth Risk Behavior Study) ● Discuss if the campaign can be more inclusive ● Plan community activities that target different populations ● Discuss if OK Resilience Project can be made a part of the CIS Umbrella
Promote family leadership and engagement regionally and statewide	X			X		Organize a panel of parents and staff creating opportunities for family engagement and leadership in the region to present at a council meeting, sponsor activities. Recruit a family member to join the council by engaging with the BBF Families and Communities Committee and Parent Child Center.

Priority Issue: Quality and capacity of child care and early childhood services -Respond to system gaps to improve access for families to high-quality opportunities that meet their needs (child care, including pre-K, special education, mental health services, etc.)



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Promote monthly professional development opportunities and facilitate sharing of professional development resources across early childhood education programs	X	X	X	X	X	<ul style="list-style-type: none"> Promote monthly professional development opportunities Encourage cross pollination across early childhood education programs, mentors, and coaches Promote CUPS Model-Consultation Support efforts to expand capacity of staffing and expertise
Organize a substance use disorder/trauma-informed care training for all early care and learning partners	X	X	X	X	X	Work with the Addison Parent Child Center to create a training for those that support kids and families experiencing the effects of substance use disorders. Focus on removing stigma and leading with compassion.
Share stories of success where children received special education services outside their home district and advocate for policies that increase access to services across districts crossing lines	X		X	X	X	Explore what role the council can play in helping this change to happen. Data: Explore the cost of special education services as a child moves through K-6 compared to when kids do not receive services earlier. Promote the message that Early Intervention is a strategy to stabilize school funding
Promote the importance of social emotional development as a building block to other educational outcomes by promoting Early MTSS and other training opportunities	X	X	X	X	X	<ul style="list-style-type: none"> Support EMTSS (Early Multi-Tiered System of Support) trainings throughout the region Demonstrate classroom set-up Council discussion on how to best support CIS in the region
Identify who is not at our table. What voices and experiences are missing to complete the work?	X		X	X		Council identifies who could be brought in to support work—Spreadsheet, Regional Manager to engage and invite



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Definitions

Council Time - Partners dedicating time to attend the council meeting, how the council time is used to build relationships, information sharing, and collaboration sharing accomplished together

Resources - Funds allocated to support council priorities by BBF, or awarded through other sources like the Vermont Early Childhood Fund or outside grants/sponsorships

Strategic Partnerships - Establishing or developing connections between the Council (Regional Manager or Council members) and other regional partners. This can be 1:1, attending other coalition meetings, or convening small working groups.

BBF Staff Time - Time dedicated by the Regional Manager or other BBF staff to support a council effort (communication, data, planning, etc.)

BBF Network - Elevating a regional gap or need through the BBF Network to inform decision-making. This could be submitting an issue to the 'emerging priorities' document, bringing an issue to a VECAP committee for further discussion, identifying data gaps, or informing BBF SAC policy recommendations.