

# Vermont Early Childhood and Family Mental Health Supports and Services

## A SHARED VISION

For more information visit <https://buildingbrightfutures.org/>

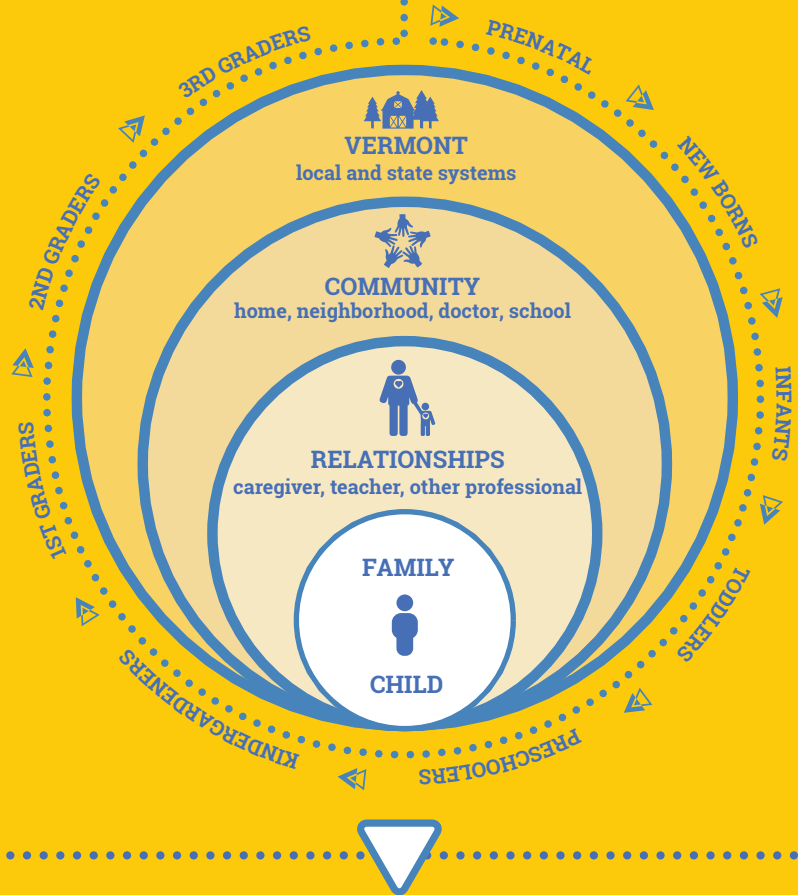
ADOPTED NOVEMBER 2019



## Strategies for Action

- Build the capacity of parents and caregivers to promote children's health and wellbeing
- Ensure families are partners in mental health
- Invest in prevention and early detection to build resilient children who turn into resilient adults
- Make the early childhood system easier to navigate so families receive high-quality and timely care

## Early childhood and family mental health provides the foundation for all future development



## Core Principles

The Vermont Early Childhood Framework is guided by these principles:

- Whole child and family centered
- Prenatal through age eight
- Strengths based
- Culturally relevant and responsive
- Outcomes focused
- Informed by evidence based and promising practices
- Cross-sector collaboration

## Results



### CHILD

Young children reach their developmental potential and are ready to succeed in school and life



### COMMUNITIES

Communities are safe, stable and supportive



### RELATIONSHIPS

Adults are knowledgeable, responsive and interact effectively with and on behalf of children



### VERMONT

Vermont attains economic and social benefits by prioritizing children and families