**Strategies for Action**

- Build the capacity of parents and caregivers to promote children’s health and wellbeing
- Ensure families are partners in mental health
- Invest in prevention and early detection to build resilient children who turn into resilient adults
- Make the early childhood system easier to navigate so families receive high-quality and timely care

**Core Principles**
The Vermont Early Childhood Framework is guided by these principles:
- Whole child and family centered
- Prenatal through age eight
- Strengths based
- Culturally relevant and responsive
- Outcomes focused
- Informed by evidence based and promising practices
- Cross-sector collaboration

**Results**

- **CHILD**
  Young children reach their developmental potential and are ready to succeed in school and life

- **RELATIONSHIPS**
  Adults are knowledgeable, responsive and interact effectively with and on behalf of children

- **COMMUNITIES**
  Communities are safe, stable and supportive

- **VERMONT**
  Vermont attains economic and social benefits by prioritizing children and families

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**Early childhood and family mental health provides the foundation for all future development**

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