



Orleans & Northern Essex Regional Action Plan

Outcome: Children and Families are Supported

Strategy	Action Steps	Performance Measures
<p>Caregivers (parents, kin and fictive kin, early educators) have access to meaningful information about child development, social and emotional skill building, and healthy, responsive and attuned caregiving</p>	<p>Develop common messaging(HMG materials, EMTSS resources, ASQ Learning Activities; NEAR science; 3-4-50 campaign) and promote message in a variety of ways ie EC Program/School newsletters; info screens in pediatric/family practice waiting rooms; community tv; @ community playgroups/events Support Parent Education opportunities Support Community Playgroup activities</p>	<ul style="list-style-type: none"> ● # stakeholders (organizations) that participate in Regional Coordination and common messaging ● # of families reached via monthly newsletters ● # of medical practices that display information regarding child development; soc/emo skill building; HMG messaging & 3-4-50 information on waiting room monitors ● # of preschool/childcare programs that “sign on” to 3-4-50 campaign ● # Help Me Grow materials distributed to parents ● # Help Me Grow materials distributed to service providers ● # of families attending playgroups monthly ● # of parent education opportunities offered monthly
<p>Caregivers know what community resources and family friendly activities are available in the region</p>	<ul style="list-style-type: none"> ● Regional Coordinator will serve as a point person to share activities;events;training opps via listserv and at playgroups-discuss possible community events calendar ● Regional Coordinator, Maternal Child Health Coordinator, and CIS Coordinator will outreach to parents at community events throughout the year ● Update, publish, distribute NEK Guide to 	<ul style="list-style-type: none"> ● # Help Me Grow materials distributed to parents quarterly ● # Help Me Grow materials distributed to service providers quarterly ● # calls to Help Me Grow Developmental Specialists from our region <li style="background-color: yellow;">● Community Events Calendar is created and maintained electronically and copies distributed ● # of NEK Resource Guides are distributed



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	<p>Community Services</p> <ul style="list-style-type: none"> Regional Coordinator, Maternal Child Health Coordinator, and CIS coordinator will meet with medical practices and other community partners to share Help Me Grow strategies and gather input for regional implementation Identify what is currently offered to parents, when and where 	
Service providers in the early childhood system have access to meaningful information from caregivers about their needs and challenges	<ul style="list-style-type: none"> Council supports Parent Engagement effort through PDGrant by recruiting parent leaders and facilitating interview opportunities 	<ul style="list-style-type: none"> # interviews conducted Findings shared with Regional Council and used to inform future Council priorities
Fathers are included and supported	(long term goal: Facilitated Fathers' Group)	<ul style="list-style-type: none"> # fathers attending father's group % of fathers who report increased protective factors.



WHEN WE WORK TOGETHER, CHILDREN SHINE

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Outcome: Children are Healthy		
Strategy	Action Steps	Performance Measures
Families with new babies are supported	BBF Coordinator provides children's books and HMG info for Welcome Baby Bags completed and distributed by PCC (long term goal: childbirth education and perinatal support)	<ul style="list-style-type: none"> # bags distributed
Families have access to healthy food	<ul style="list-style-type: none"> Conduct Food Access survey as a follow up to North Troy Promise Community activities 	<ul style="list-style-type: none"> Surveys completed by November 2019, reviewed and shared with community partners; next action steps are identified
Families have access to recreation and physical activity	<ul style="list-style-type: none"> North Troy Promise Community Recreation Project Share ACES and NEAR Science information with medical community 	<ul style="list-style-type: none"> # events held and families and children participating # providers reached Near PMs (long term goal: ACES screenings in medical visits and home visits)
Developmental and Social/Emotional Screenings are prioritized and coordinated	<ul style="list-style-type: none"> Coordinate with VDH, CIS, PCC, Early Head Start to pilot a community based screening effort Coordinate with SU's to offer screening to children under 3 at Spring 2020 screening 	<ul style="list-style-type: none"> # of children screened @ community based screening # of children under 3 screened at SU based 2020 screening



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Outcome: Children are Learning

Strategy	Action Steps	Performance Measures
Caregivers, educators and service providers value children’s social and emotional well being and promote social and emotional skill building	<ul style="list-style-type: none"> ● Maintain regional Early MTSS leadership team ● In coordination with supervisory unions, Head Start and providers association, provide EMTSS based professional development opportunities ● Promote EMTSS Demonstration site @ COFEC as a professional development opportunity for early childhood ed. providers 	<ul style="list-style-type: none"> ● Team meets regularly ● # professional development opportunities offered (in collaboration with partners) and numbers of participants ● % of trainees who report a change in practice ● # of visits to Early MTSS demonstration site
Children have access to books	<ul style="list-style-type: none"> ● Books are distributed at Dabble Day, Young Child Parade, other community events 	<ul style="list-style-type: none"> ● # books distributed
Promote, recruit and support childcare workforce development and ongoing professional development opportunities	<ul style="list-style-type: none"> ● Collaborate with NEKPA Starting Points Network, NEKCA, CDD and Let's Grow Kids to promote workforce development through regional “Childcare Career Fairs” ● Support professional development opportunities for early childhood professionals, in collaboration with Building Flourishing Communities coalition, EMTSS 	<ul style="list-style-type: none"> ● 2 Childcare Career Fairs are held ● 1 Region wide kick off conference & 8 “learning community” gatherings are held monthly in each county



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	<p>team & CIS (i.e. developmental milestones, social emotional development, trauma informed practices and community resources)</p>	
<p>Parents can access knowledge regarding social emotional health, developmental milestones, learning through play, nutrition and community resources</p>	<ul style="list-style-type: none"> ● Support Parent Education activities in collaboration with partners (i.e. NEKCA, CIS, VDH) ● Support opportunities for caregivers of young children to enhance social connections, learn about child development and access resources to meet families’ basic needs ● Provide information about child development/ milestones, safe sleep, and community services (i.e. Welcome baby Bags, community events) ● Support annual Dabble Day and Parade of the Young Child events ● Support other fun, family events such as Messy Play days in collaboration with community partners ● *Note- Be inclusive of birth to three children and their families 	