



CPR, AED & First Aid Certification Course

Course Information & Description:

RESPOND CONFIDENTLY DURING AN EMERGENCY

With more than 350,000 out-of-hospital cardiac arrests occurring in the United States annually, bystanders are the key to increasing survival rates! This course will teach you how to respond to emergencies that happen at work, at home and in your community.

WHAT TO EXPECT

Through lecture, videos and **hands-on practice**, you will be able to respond confidently to emergency situations.

Skills and topics include:

- Adult, Child*, Infant* CPR & AED Use
 - Adult, Child and Infant* Choking
- Bleeding Control, Bandaging and Splinting*
 - Head-to-Toe Injuries
- Cold and Heat Related Emergencies
 - Epinephrine Auto-Injector
 - And many more!

When: Saturday, October 5th, 9-3 pm
(possibly two more trainings coming this fall!)

Where: Capstone Community Action, 260 Industrial Park, Morrisville

Cost: \$10.00 For more information, please contact:
Steve Ames, Building Bright Futures, 279-7558, sames@buildingbrightfutures.org

For Registration and Payment: <https://gmtccadulthoodeducation.coursestorm.com/>

***** Please wear comfortable clothing and bring a snack, drink and or lunch
Two-Year Certification Card | Nationally Recognized Program | OSHA Compliant