



Caledonia & Southern Essex Regional Action Plan

Outcome: Children are Supported *“Children live in stable, supported families”*

% of families in region that are food insecure
Rate of substantiated child abuse and neglect

Strategy	Action Steps	Performance Measures
<p>Parents can access knowledge regarding social/emotional health, developmental milestones, nutrition and community resources</p>	<ul style="list-style-type: none"> ● Offer parent education opportunities for families with young children ● Support opportunities for caregivers of young children to enhance social connections, learn about child development and access resources to meet families’ basic needs ● Provide information about child development/ milestones, safe sleep, and community services (i.e. Welcome baby Bags, community events) ● Regional Coordinator will update Help Me Grow staff with local services and programs ● Promote Help Me Grow to medical practitioners, community partners and parents <p>* Dad’s group, Family Place, CIS Consultation with families and child care programs, Parent Wellness retreat)</p>	<ul style="list-style-type: none"> ● Number of Help Me Grow materials distributed to parents ● Number of Help Me Grow materials distributed to service providers ● Number of calls to Help Me Grow Developmental Specialists from our region ● # of parent education/ social opportunities supported or coordinated by BBF ● # of caregivers/ parents reached by parent education or social connections supported by BBF ● % of parents/ caregivers that report learning more about their child’s development and/ or a community service/ resource



WHEN WE WORK TOGETHER, CHILDREN SHINE

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Empower Resilient Families	<ul style="list-style-type: none"> Professional development opportunities for professionals on parent engagement, Strengthening Families model/ strategies and growth mindset. 	
Families have access to fun, free activities and build social connections/supports	<ul style="list-style-type: none"> Increase the number of fun, family activities rich in resources that promote social connections Host Annual Dabble Day of Caledonia Southern Essex Support development of All Things Lyndon website 	<ul style="list-style-type: none"> # of family activities that are supported through BBF funding/ coordination # of participants that attend Dabble Day % of caregivers that report Dabble Day event is a fun, resource rich event % of caregivers/ participants that report family activity is a fun, resource rich event
Increase access to healthy food and education about nutrition	<ul style="list-style-type: none"> Work with partner organizations to address food insecurity Offer parent education about nutrition (i.e. Learning Kitchen , Cooking for Life) 	<ul style="list-style-type: none"> # of parent education/ activities offered that addressed food insecurity or nutrition supported/ coordinated by BBF % of nutrition participants that report changed behaviors (Data development-2019) % of participants that report events were engaging and a good use of their limited time.



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Outcome: Children are Healthy *‘Pregnant women and young Children Thrive’*
 Percentage of women smoking during pregnancy
 Community ACE scores,
 Community protective factors

Strategy	Action Steps	Performance Measures
Increase public education on the risks of second and third hand smoke	Provide education about risks of second and third hand smoke (i.e. Welcome Baby Bags; Smoke Free Cars Campaign)	<ul style="list-style-type: none"> ● # of BBF Welcome Baby Bags distributed with information on second and third hand smoke resources ● Diversity of families receiving welcome baby bags (Data development –2018/2019) ● % of baby bags distributed in conjunction with another connecting activity
Work collaboratively with community partners to increase supports for pregnant women/ parents/ guardians with substance abuse issues /and in recovery	<ul style="list-style-type: none"> ● Promote trauma informed practices ● Host NEAR Science presentation ● Evaluate current resources in our community for parents/ caregivers with substance abuse issues 	<ul style="list-style-type: none"> ● # of professional development activities that promote trauma informed practices and ACES ● Survey results from ACES trainings (Data development – 2019) ● Complete assessment of resources available in our community for parents/ caregivers with substance abuses
Families and community partners are aware of parent education opportunities in our region	<ul style="list-style-type: none"> ● Develop parent education calendar/ inventory 	<ul style="list-style-type: none"> ● # of Parent education opportunities identified ● # of calendars distributed

Outcome: Children are Learning *‘Children are ready for school (and schools are ready for children)’*
 ● Percentage of children ready for school in all five domains of the Ready for Kindergarten Survey (R4K!)



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Strategy	Action Steps	Performance Measures
Children and families are supported during transition to preschool/ kindergarten	<ul style="list-style-type: none"> • Offer transition activities to families with children entering preschool • Offer transition activities to families with children entering kindergarten • Support playgroups and literacy activities 	<ul style="list-style-type: none"> • # of transition activities offered/ supported by BBF to families with children entering preschool • # of transition activities offered/ supported to families with children entering kindergarten • # of playgroups or literacy activities supported by BBF through funding /coordination • % of teachers/parents who think transition activities supported kids being ready for school
Parents can access knowledge regarding social/emotional health, developmental milestones, nutrition and community resources	<ul style="list-style-type: none"> • Provide parent education and supports related to developmental milestones, social emotional development, nutrition and community resources (i.e. Children's Integrated Services, WIC program, story times, playgroups, Welcome Baby Bags, Conscious discipline, Lyndon Parents Lead Parent Leadership Program, Four Winds Train the Trainer for Parents) 	<ul style="list-style-type: none"> • # of parent education workshops/ events offered to pregnant women or caregivers of young children (under the age of eight) • % of families who participate with increased protective factors. *(Performance measure to consider moving forward- especially with SF programs)
Promote, recruit and support high-quality child care	<ul style="list-style-type: none"> • Improve the quality of child care and home visiting services by offering advanced professional developmental 	<ul style="list-style-type: none"> • Percentage of regulated early childhood programs that are nationally accredited or have 4/5 Stars



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	<p>opportunities for early childhood professionals</p> <ul style="list-style-type: none"> ● Promote consultation, mentoring and professional learning communities to practice skills learned ● Offer financial supports through grant opportunities (when possible) ● Recruit and retain registered and licensed programs 	<ul style="list-style-type: none"> ● # of professional development opportunities supported through BBF ● # of professionals reached through professional development opportunities ● % of professionals who report that new skills gained will be used in their early childhood work
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