



WHEN WE WORK TOGETHER, CHILDREN SHINE

# Orleans & Northern Essex Regional Action Plan

| Outcome: Children are Supported   |  |  |
|---|--|--|
| Strategy  | Action Steps   | Performance Measures   |
| Caregivers (parents, kin and fictive kin, early educators) have access to meaningful information about child development, social and emotional skill building, and healthy, responsive and attuned caregiving | <p>Regional inventory and collaboration including CIS, BBF, PCC, NKHS, Head Start and Early Head Start, Rocking Horse, VDH</p> <ul style="list-style-type: none"> <li>○ Identify what is currently offered to parents, when and where</li> <li>○ Reflect on lessons learned from former outreach and awareness initiatives</li> <li>○ Create common vision and vocabulary for distribution of information including best practice and shared curriculum</li> </ul>   | <ul style="list-style-type: none"> <li>● # stakeholders (organizations) that participate in Regional Coordination.</li> <li>● Regional calendar of current offerings is created</li> <li>● # of families accessing community calendar</li> <li>● # families engaged and application of skill (A regional plan is created that includes agreed upon shared performance measures (such as number of parents engaged, shared survey with self reported demonstration of learned skills))</li> </ul> |
| Caregivers know what community resources and family friendly activities are available in the region   | <ul style="list-style-type: none"> <li>● Regional Coordinator will update Help Me Grow staff with local services and programs</li> <li>● Regional Coordinator, Maternal Child Health Coordinator, and CIS Coordinator will outreach to parents at community events during the summer (Family Wellness Day, Gardner Park Block Party)</li> <li>● Regional Coordinator, Maternal Child Health Coordinator, and CIS coordinator will meet with medical practices and other community partners to share Help Me</li> </ul> | <ul style="list-style-type: none"> <li>● # Help Me Grow materials distributed to parents</li> <li>● # Help Me Grow materials distributed to service providers</li> <li>● # calls to Help Me Grow Developmental Specialists from our region</li> <li>● Community Events Calendar is created and maintained electronically and copies distributed</li> </ul>   |



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|  | Grow strategies and gather input for regional implementation   |  |
| Service providers in the early childhood system have access to meaningful information from caregivers about their needs and challenges | <ul style="list-style-type: none"> <li>• Council members will conduct qualitative interviews with parents to identify their hopes and challenges and their experiences accessing services</li> </ul> | <ul style="list-style-type: none"> <li>• # interviews conducted (goal of 50)</li> <li>• Findings shared with Regional Council</li> <li>• % of council strategies informed by family voice</li> </ul> |
| Fathers are included and supported   | (long term goal: Facilitated Fathers' Group)   | <ul style="list-style-type: none"> <li>• # fathers attending father's group</li> <li>• % of fathers who report increased protective factors.</li> </ul>  |

## Outcome: Children are Healthy

| Strategy                               | Action Steps   | Performance Measures   |
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| Families with new babies are supported | Welcome Baby Bags completed and distribution site identified | <ul style="list-style-type: none"> <li>• # bags distributed</li> </ul> |



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|  | (long term goal: childbirth education and perinatal support)   |  |
| Families have access to healthy food and knowledge of cooking and nutrition            | <ul style="list-style-type: none"> <li>• North Troy Promise Community Garden Project</li> <li>• Host cooking workshops for families</li> </ul>         | <ul style="list-style-type: none"> <li>• Pounds of food harvested and distributed</li> <li>• # families and children participating</li> <li>• PC PMs</li> </ul>        |
| Families have access to recreation and physical activity                               | <ul style="list-style-type: none"> <li>• North Troy Promise Community Recreation Project</li> </ul>  | <ul style="list-style-type: none"> <li>• # events held and families and children participating</li> </ul>  |
|  | <ul style="list-style-type: none"> <li>• Share ACES and NEAR Science information with medical community</li> </ul>                                     | <ul style="list-style-type: none"> <li>• # providers reached</li> <li>• Near PMs</li> </ul> <p>(long term goal: ACES screenings in medical visits and home visits)</p> |
| Well Child, Developmental and Mental Health Screenings are prioritized and coordinated | <ul style="list-style-type: none"> <li>• Coordinate with VDH, CIS, SUs, Head Start and medical community through appropriate HMG strategies</li> </ul> | <ul style="list-style-type: none"> <li>• # providers reached</li> <li>• % of families screened</li> <li>• % of referrals completed</li> </ul>                          |



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| Outcome: Children are Learning   |   |  |
|--|---|--|
| Strategy   | Action Steps  | Performance Measures   |
| Caregivers, educators and service providers value children’s social and emotional well being and promote social and emotional skill building | <ul style="list-style-type: none"> <li>● Build and maintain regional Early MTSS leadership team</li> <li>● In coordination with supervisory unions, head start and providers association, provide professional development opportunities</li> <li>● Identify and train trainers, and practice and system based coaches</li> <li>● Create opportunities and support for Early MTSS implementation in home based programs.</li> </ul> | <ul style="list-style-type: none"> <li>● Team meets regularly</li> <li>● # professional development opportunities offered (in collaboration with partners) and Numbers of participants</li> <li>● # trainers and coaches trained</li> <li>● % of trainees who report a change in practice</li> <li>● # Early MTTs sites</li> </ul> |
| Children have access to books  | <ul style="list-style-type: none"> <li>● Books are distributed at Dabble Day, Young Child Parade</li> <li>● Local libraries hold story hour</li> </ul>  | <ul style="list-style-type: none"> <li>● # books distributed</li> <li>● # story hours offered</li> </ul>   |
| Promote, recruit and support high quality childcare  | <ul style="list-style-type: none"> <li>● Collaborate with NEKPA Starting Points Network, NEKCA and Lets Grow Kids to promote the importance of high quality, affordable childcare</li> <li>● Support professional development opportunities for early childhood professionals (i.e. developmental milestones, social emotional development, trauma informed practices</li> </ul>  |  |



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| <p>Parents can access knowledge regarding social emotional health, developmental milestones, learning through play, nutrition and community resources</p> | <p>and community resources )</p> <ul style="list-style-type: none"> <li>● Offer Parent Education in collaboration with partners (i.e. NEKCA, CIS, VDH)</li> <li>● Offer parent education opportunities for families with young children</li> <li>● Support opportunities for caregivers of young children to enhance social connections, learn about child development and access resources to meet families' basic needs</li> <li>● Provide information about child development/ milestones, safe sleep, and community services (i.e. Welcome baby Bags, community events)</li> <li>● Continue to host sponsor annual Dabble Day and Parade of the Young Child events</li> <li>● Support other fun, family events such as Messy Play days in collaboration with community partners</li> <li>● *Note- Be inclusive of birth to three children and their families</li> </ul> |  |
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