

Result #1 - All children have a healthy start.

Strategy	Action Step	Prioritization (dots)	
<p>1) Support families as children’s primary caregivers</p>	<p>a) Advocate for paid sick days and parental leave policies so parents can be at home with newborns or a child who is newly adopted and care for themselves and their children when sick</p>		
	<p>b) Educate employers and employees about flexible work arrangements allowable under Vermont law</p>		
	<p>c) Ensure respite and flexible funding are available to families of children with special needs especially at critical/crisis times</p>		
<p>2) Establish a voluntary system that connects children birth through 3rd grade (0- 8 years old) with the resources they need to support optimal growth and development, including developmental screening</p>	<p>a) Expand the training of nurses to provide health care consultation to early learning and development programs in each region [RTT-ELC]</p>		
	<p>b) Implement Help Me Grow and its 4 components:</p> <ul style="list-style-type: none"> • Child health care outreach for early detection of developmental concerns • Community outreach to promote networking opportunities among families and services providers • Creation of a centralized telephone access point for connecting children and their families to services and care coordination • Data collection to understand gaps and barriers in the system 		
<p>3) Ensure access to prenatal care, child health services (including preventive services and dental care) and support services for adults (including mental health and substance abuse treatment)</p>	<p>a) Promote Bright Futures Guidelines for Health Supervision of Infants, Children and Adolescents (3rd edition) as the preventive service standard for high-quality well care in medical homes (this action also relates to Result #3)</p>		
	<p>b) Utilize the Integrated Family Services (IFS) team to promote care coordination in medical practices for children and their parents and to connect child health priorities to health reform</p>		
	<p>c) Explore inclusion of maternity care medical homes in the Blueprint for Health, including depression screening, domestic violence screening and substance abuse cessation</p>		

Result #1 - All children have a healthy start.

Strategy	Action Step	Prioritization (dots)	
	d) Inventory mental health and substance abuse resources for parents to determine if there is a gap		
4) Promote and utilize evidence- based home visiting	a) Ensure alignment and coordination of home visiting models to ensure comprehensive availability of services while preventing duplication		
	b) Initiate or expand the following evidence-based home visiting models throughout the state: <ul style="list-style-type: none"> • Nurse family partnership • Parents as Teachers • Maternal Early Childhood Sustained Home Visiting • Early Start • Early Head Start 		
	c) Explore use of Medicaid funding under the framework of Early Periodic Screening, Diagnosis and Treatment (EPSDT) to support home visiting service		
5) Ensure that all children have access to adequate nutrition at home, in early learning and development programs, at school, after school and during the summer	a) Increase participation in existing food and nutrition programs and expand capacity of programs including Farm to School and Early Care and Education		
6) Develop community efforts in the public and private sectors to enhance children’s safety	a) Ensure that regional/community plans incorporate local safety planning for children (better lighting, improved transportation options, community centers/hubs) and accessible recreation options		
	b) Tie child service locations, including but not limited to early learning and development programs and other programs where children are physically present, into regional and state emergency and evacuation plans		